Here's a knitting pattern for the middle toy, a female sailor. This pattern will guide you through creating the legs, skirt, torso, arms, head, and sailor cap.

Materials

- Yarn: Navy blue, light blue, white, flesh-tone, and brown.
- Knitting Needles: 2.5mm or 3mm needles, depending on yarn thickness.
- Polyester stuffing: For filling the toy.
- Embroidery thread: Black for eyes, and red for mouth.
- Tapestry Needle: For stitching and embroidery.
- Optional: Small buttons for uniform details.

Techniques

- Stocking Stitch (St st): Knit one row, purl one row.
- Garter Stitch: Knit every row.
- Increasing and Decreasing: For shaping parts.
- **Embroidery**: For facial features and uniform details.

Knitting Pattern Instructions

1. Legs and Shoes (Make 2)

- 1. With brown yarn, cast on 8 stitches.
- 2. **Knit in St st** for 6 rows to create the shoes.
- 3. Switch to white yarn and knit for 14 rows to form the legs.
- 4. Bind off and set aside. Repeat for the second leg.

2. Skirt

- 1. With navy blue yarn, cast on 18 stitches.
- 2. Knit in St st for 12 rows for the skirt.
- 3. Bind off, leaving a long tail for sewing.

3. Torso

- 1. With light blue yarn, cast on 18 stitches.
- 2. Knit in St st for 10 rows to form the lower torso.
- 3. **Switch to navy blue yarn** and knit 4 rows for the belt area.
- 4. Continue with light blue yarn for another 8 rows to finish the upper torso.

5. Bind off, leaving a long tail.

4. Arms (Make 2)

- 1. With light blue yarn, cast on 6 stitches.
- 2. Knit in St st for 10 rows for the arms.
- 3. **Switch to flesh-tone yarn** and knit 4 rows to create the hands.
- 4. Bind off and set aside. Repeat for the second arm.

5. Head

- 1. With flesh-tone yarn, cast on 12 stitches.
- 2. **Knit in St st**, increasing by 1 stitch at each end of every alternate row until you have 18 stitches.
- 3. Knit straight for 12 rows to form the round head.
- 4. Start decreasing by 1 stitch at each end of every alternate row until you return to 12 stitches.
- 5. Bind off, leaving a long tail for sewing.

6. Sailor Cap

- 1. **Using white yarn**, cast on 20 stitches.
- 2. Knit 4 rows in garter stitch for the brim.
- 3. Knit in St st for 6 rows.
- 4. Start decreasing by 2 stitches every row until you have 8 stitches left.
- 5. Bind off, leaving a long tail. Sew into a circular shape and attach to the head.

7. Hair

- 1. Using brown yarn, cast on 14 stitches.
- 2. **Knit in St st** for 6 rows to form a strip of hair.
- 3. Bind off and sew it around the top of the head, under the cap.

Assembly

- 1. **Stuff each piece** with polyester filling for firmness.
- 2. Sew the legs to the bottom of the skirt.
- 3. Attach the torso to the top of the skirt.
- 4. Sew the arms to each side of the torso.
- 5. Attach the head on top of the torso.
- 6. Position and sew the cap onto the head.

Finishing Touches

- 1. **Embroidery**: Use black thread to add the eyes and red thread for a small smile.
- 2. **Buttons**: Add tiny buttons or embroidery details down the front of the torso as uniform accents.

This should create a knitted toy with the simple details of the female sailor uniform. Let me know if you need any additional guidance on specific parts!